

“Me-First” is best introduced as a story about some people not too much different from the children in the class. No one likes a “Me-First”, but a child behaving like a “Me-First” often does not respond to instruction or usual forms of help. “Me-First” is a story with a moral, and the moral is-being first may not always be best.

The story should be introduced after the children are thoroughly familiar with the “Me-First” song. Suggested instruments are listed at the end of the chapter. On the first presentation, the teacher should simply tell the story. On subsequent presentations, children may add the musical instrument sounds. The time for the instrument sound is notated by __ as in Marggle__.

The Me-First Song



The Story of Me-First

Once upon a time, not very long ago, lived five little people known as the greebles. Greebles, you see, are nice looking little people with very large feet. The five greebles in our story are named Marggle__(instrument sound), Mickle__, Moggle__, Muggle__, and Me-First__.

Whenever they would go out to play, Marggle__(instrument sound), Mickle__, Moggle__, and Muggle__, would line up very slowly and quietly. But Me-First__ would run and push and fight to the front of the line crying:

(Sing the “Me-First” song)

This would make the others mad, but they didn’t say much. When it was time to take turns getting drinks of water at the water fountain, Marggle__(instrument sound), Mickle__, Moggle__, and Muggle__ would wait patiently. But Me-First__ would push and shove to the front of the line crying:

(Sing the “Me-First” song)